



Thames Valley
Orienteering
Club

HODGEMOOR WOODS

Regional Event & SCOL6

Sunday 24th April 2022



FINAL DETAILS

Summary - please read this page if nothing else!

- Re-read and follow the https://www.britishorienteering.org.uk/COVID19_participant_code_of_conduct
- Parking & Assembly in Perkin Elmer car park, postcode HP9 2FX – the car park entrance is east off Chalfont Road, just north of Seer Green village.
- **Parking space is very restricted. Leave the event as soon as you can so that we can accommodate more cars. Car park marshals will encourage you to do so!**
- **You must not, under any circumstances, park in local roads.**
- Be aware of pedestrians using the car park entrance. TAKE CARE!
- Storm Eunice caused some minor damage in the woods, slightly affecting runnability.
- SI punching. Air enabled. Those hiring should collect their SIAC from tent near exit of car park en-route to Starts.
- Start times listed on <https://www.fabian4.co.uk/start/list.aspx?EventID=3052>
- Start and Finish close together, approximately 700m from the car park exit. There is an unsupervised clothing dump.
- You must use the marshalled road crossing point when walking to the Start and back from the Finish.
- Map is A4, 1:7500 with 5m contours.
- Loose control descriptions available in the start lanes.
- Brown and Blue courses have unsupervised minor road crossings in the woods. Traffic is very infrequent.
- **Please** be courteous to horse riders, **especially** around the **Start/Finish** area.
- There are **no traders**. Bring your own food and drink
- Toilets in Assembly.
- **No dogs** on courses, and preferably not in the car park (private office buildings).
- **Courses close at 14:30 hrs. You must download by 14:45, even if you retire.**
- A Radio-Orienteering event will also be taking place. It uses small training type control flags. Please ignore these whilst in the woods.
- Finally, a big thank you to Perkin Elmer for the use of their car park, and to Forestry England for the use of Hodgemoor Wood.

COVID-19

In entering this event you have signed up to:

https://www.britishorienteeing.org.uk/COVID19_participant_code_of_conduct

Please re-read and abide by it. If you have entered anyone for the event, please ensure they have done the same.

Whilst restrictions have been lifted, COVID is very much still in circulation and we encourage a continued responsible approach at our orienteeing events. People have different risk tolerances and we ask you to respect others' personal choices as normality returns, particularly in maintaining inter-personal distance.

Please do not attend if you or a member of your household has COVID-19 symptoms, if you have been asked to isolate by NHS Test and Trace, or if you are required to quarantine having been on holiday. If so, contact Alun on registration@tvoc.org.uk for a refund of your entry fee.

Safety issues

- **Marshalled Road Crossing – en route Start/Finish via car park gates.**
- **Safety Punch.** You must punch the Safety Control immediately after the Finish.
- **Public Access.** Hodgemoor Woods are used by the public for walking, running, dog walking, cycling and horse riding. Please be courteous towards other users, especially horse riders, and those with dogs – **our future use of Hodgemoor Woods depends on this.** Keep your distance from others using the woods.
- **Clothing and Safety Equipment.** Competitors' torso and legs must be covered. For safety reasons we strongly recommend you carry a whistle. The distress signal is six short blasts, wait one minute, and then repeat.
- **Emergency Number.** All maps will be overprinted with a phone number which can be used on the day to contact the Organiser in the event of an emergency.
- **Nearest A&E.** Wexham Park Hospital, Slough, SL2 4HL. Telephone: 0300 6145000.
- **Key drop.** Solo travellers should take advantage of the car key drop at Information.

Location

Parking for the event is on hard-standing in the Perkin Elmer office building car park, nearest postcode HP9 2FX – the car park entrance is east off Chalfont Road, just north of Seer Green village, between Amersham and Beaconsfield.

The event will not be signposted except at the car park entrance.

Be aware of pedestrians using the car park entrance. PLEASE TAKE CARE!

No liability for incidents in the car park will be taken by the landowner.

Facilities

The following facilities will be available in Assembly:

- First Aid - located close to download.
- Toilets - sanitisers will be on the outside, so please make use of them before and after touching anything.

There are **no traders** at this event, or water/squash. Please bring your own supplies of food and drink.

Entry on the Day / SIAC hire

There is NO entry on the day.

SIAC hire will be in a tent near the exit from Assembly. Please collect your SIAC en route to the Starts.

Our hire SIACs all contain a safety loop - put your wrist through the loop, to minimise the chance of losing the SIAC should it get knocked off your finger. **Lost SIACs charged at £65.**

Electronic Punching

Sportident electronic punching system will be used, with contactless (SIAC touch-free) enabled.

It is a **punching start**. It is your responsibility to ensure that you have satisfactorily punched the Clear, Check and Start units (NONE of which are contactless-enabled), at each control on the course, and at the (**contactless-enabled**) **Finish**.

You must punch the Safety Control immediately after the Finish.

If you come across an SI box which has failed, the back-up punch attached to the kite must NOT be used. A failed SI box will not result in your disqualification.

Route to Start

The route to the Start is approximately 700m, flat, on tarmac, from the car park entrance.

Follow the signs/tapes out of the car park entrance. Turn right to a marshalled crossing point at the bend in Chalfont Road.

The marshals in Hi-Viz jackets will help you cross the road, but remember you are responsible for your own safety. Parents should consider whether they wish to accompany younger children across the road.

There is an unsupervised clothing dump, items left at your own risk.

Start

We have all signed up to the BO code which asks us to facilitate social distancing. The Start is set up to enable all to do this.

Start times are from 10.00 until 12:30, and are listed on:

<https://www.fabian4.co.uk/start/list.aspx?EventID=3052>

Please aim to arrive at your start no more than 5 minutes before your allocated time. All start clocks will be set to (unadjusted) race time. In practice, we will have no actual call-up but hope that you will join your short queue at, or a few minutes before, your chosen start time.

We will not adhere strictly to start times. Instead, we intend to use them to provide a steady flow of competitors through the starts. Our aim therefore is to manage competitors through the starts without delay, filling any vacant start slots caused by no-shows or delayed competitors. If you are late for your start, please do not rush needlessly - come to your start once you are ready. Please do not abuse the flexibility we are trying to provide.

Yellow & White course competitors will receive their maps at -3 and may study them before they begin their course.

It is a **punching start**; remember to punch the Start unit to record your start.

If the Start unit does not bleep when you punch, something is wrong. Consult the Start official; do NOT head off into the forest.

Note: An entry does NOT provide an extra map for any shadower!

Finish

There is one Finish for all courses, adjacent to the Start.

The Finish will be contactless-enabled.

You MUST also punch the safety control after the finish.

From the Finish the route back to Assembly is the same as taken to the Start, via the marshalled road crossing point.

Courses close at 14:30.

You MUST go to Download by 14:45, to avoid a search for you being initiated.

You MUST report back to Download even if you retire.

Map

The map has been updated in 2021 by Julian Birkinshaw, and is at 1:7500 scale, with 5m contours, on A4 waterproof paper.

Terrain notes

Gently undulating and mainly runnable woodland. Some areas of complex contour detail, and a reasonable path network.

Courses

WHITE	1.4km	20m	11 controls	Basic
YELLOW	2.1km	30m	10 controls	Basic
ORANGE	2.9km	40m	11 controls	Easy
RED	4.9km	80m	13 controls	Easy long
LIGHT GREEN	3.8km	55m	11 controls	Medium
SHORT GREEN	3.7km	45m	14 controls	Difficult
GREEN	5.2km	65m	15 controls	Difficult
BLUE	7.0km	110m	20 controls	Difficult
BROWN	9.2km	150m	25 controls	Difficult

Control Descriptions

Loose control descriptions will be available in the start lanes. The White and Yellow courses use text descriptions; all other courses use IOF pictorial symbols. Control descriptions are also printed on the map.

Medical conditions

If you have a High Risk Medical Condition you are invited to download and complete this form <http://tinyurl.com/BOF-med> and place it in a sealed envelope with your name on it, in the box provided at Enquiries. Envelopes will only be opened if required for a medical emergency. Unopened envelopes should be collected after the event. Any unclaimed

envelopes will be destroyed after the event.

Dogs

We are using a private office building car park which does not normally have dogs present, so there is nowhere to “exercise” dogs. Ideally you should not bring along a dog. Whilst dogs are permitted in the woods, please note that TVOC's policy is **no dogs to accompany competitors on their courses**. Should you choose to bring along a dog please clean up any mess.

Results

Results will NOT be displayed at the event. However, we hope to provide live results on the TVOC website at <https://tvoc-live.droppages.com/>

Photography

You are welcome to take photographs at our event. However please be respectful of other peoples' privacy when taking photographs, and do not take inappropriate or intrusive photos. Please bear in mind [British Orienteering's guidelines](#) on the subject.

If you have any concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken), please report them to the Organiser or another official.

Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear in mind that photographs may be taken at the event, and some may be posted onto public websites.

Ash Dieback precautions

The following precautions have been recommended by BOF – arrive with all of your kit, especially footwear, fully cleaned since its last outing. After your run, place all your kit in a plastic bag to prevent spreading fungal spores. Full details of Ash Dieback precautions can be found on the British Orienteering website.

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Planner: Julian Birkinshaw, TVOC

Controller: David Frampton, HH

Please remember

- Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.
- Please check website for last minute cancellation in case of bad weather. In the event of cancellation, some or all of your entry fee may be retained.
- The personal data you give will be used by the event organisers & their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.