

Wendover Woods Regional Event – Level C SCOL 4 Sunday 10th November 2019

Final Details

Summary

- Parking in <u>trig point field</u> at SP890099 nearest postcode HP22 5NQ No parking fee!
- Remembrance Sunday please observe the 2 minute silence at 11:00.
- Punching: SI Air Contactless enabled, punching start, contactless finish followed by a punched safety control.
- Starts: **10:00 12:00.** Helpers from 9:45. Start is 1km from parking, route follows and crosses entrance road recommended that children are accompanied.
- Finish 500m from parking field with a marshalled road crossing.
- Courses close 14:00. You must return to assembly and be downloaded by 14:15.
- Waterproof loose control descriptions in start lanes.
- Clothing dump transferred to assembly at 30 minute intervals. (Change 06/11/2019)

Safety

- A whistle is recommended. The distress signal is six short blasts, followed by a long pause, then repeat.
- The slopes at Wendover are steep and recent rain means they are slippery, especially any areas of exposed chalk.
- You must report to download even if you retire.
- There is a compulsory safety control that all runners must punch directly after the finish.
- Horses, MTBs and other forest users: If approaching a horse make yourself aware
 to the rider and give space. The major trails are used by bikes, look when crossing.
 Wendover is also a popular area for young families and dog walkers please be
 courteous.
- First Aid available in the parking field.
- In the case of adverse weather cagoules may be compulsory. A notice will be posted on the TVOC website if they are made compulsory.
- In case of emergency please contact an official at assembly or phone the emergency contact number printed on your map.
- If you are travelling by yourself to the event then it is strongly advised that you leave your car keys at registration.
- Bio security: please ensure that kit is washed thoroughly before and after the event.

Facilities

Toilets, Enquires, SI Hire/Collection, Registration, Download, First Aid and Toms Catering will all be found in the parking field.

Enquires, Registration and SI Hire open from 9:15

Travel - Car

Parking in <u>trig point field</u> at SP890099 nearest postcode HP22 5NQ. The field is quite muddy and soft in places please drive with care.

Drivers travelling via Great Missenden be aware that HS2 roadworks are in progress and diversions and traffic management on the A413 is constantly changing; the road should be open however.

Travel – Public Transport

Sadly public transport is difficult as local bus routes don't run on Sunday. Closest train station is Wendover 5.3 km away. Please follow road routes to assembly to avoid walking through the competition area.

Entries

From Sunday 3rd November including on the day (subject to map availability): Seniors £16 (£14 for British Orienteering members); Juniors £5.

Seniors entering Orange, Yellow or White courses: £8

Pairs and groups going round together: Senior rate + £1 for each additional map (If pre-entering as a pair or group, just enter once with one name; for example, you could use

- Forename Team Surname Jones, displays as Team Jones
- Forename John Surname Smith+2, displays as John Smith+2
- Forename Family Surname Smith. displays as Family Smith.

And you cannot order an extra map when you pre-enter, but we can sort that out for you on the day.)

Hire of a timing chip (SIAC contactless card) £2.00 for seniors & juniors Any lost SIAC cards will be charged at £63 each.

Online entry at Fabian 4 – closes 8th November.

Entries on the day

You can enter on the day at registration with the same fees as outlined above. This is subject to map availability but we aim to order plenty!

Start

The start is a flat 1km walk from the edge of the parking field. The route crosses the access road to Wendover woods. This road has a 15mph speed limit and speed bumps. There is ample space on grass verges to walk down alongside the road. The route will be taped but no marshals present. We therefore advise that children are accompanied to the start. Starts from 10:00 – 12:00. Helpers can start from 9:45.

Start blocks will be assigned and posted on Fabain4 for those that have entered online. Each start block is 20 minutes, for example a start time of 10:00 on Fabian4 indicates the 10:00 – 10:20 start block. Please try to stick to your allocated block as this will help spread people out reducing gueues on the busiest courses.

Yellow and White course maps will be available in the pre-start area (-3) to allow a review of the course prior to starting and a chance to ask for assistance if needed.

Finish

The finish is within 500m of the parking field. But there is a steep climb; the route crosses the forest access road but it is marshalled. Drinks will be available at the entrance of the field.

Clothing Dump

A clothing dump will be present at the start with items being returned to enquiries. Items will be transferred every 30 minutes at 10:30,11:00,11:30 and 12:00 approx. (6/11/2019)

Map

All courses: A3 single sided printed on waterproof paper. 1:10,000 5m contours. Updated this summer by Jim Prowting.

Terrain

Wendover Woods, managed by Forestry England is an area of mature woodland with a deep valley separating two spurs, and contains the highest point in The Chilterns. The forest is mainly runnable with some areas of brashings and some bracken that is dying back. The spurs have some steep slopes and flint and chalk marl that can be slippery. There is a well defined path network, but not all small seasonal tracks are mapped, recent weather and leaf fall may obscure some paths. Old industrial work has resulted in some deeper contour depressions.

Climb has been calculated using shortest passable routes, so amount of climb will depend on route choice, in cases this can cut down the published climb.

Single isolated trees of a different type in the woods are not mapped, and there are numerous knolls and pits. Special symbols: black x denotes a man made feature, items of play equipment, seat or hide/temporary shelter.

Courses

Course	Length (km)	Controls	Climb (m)	Technical Difficulty
Brown	8.0	24	405	Very difficult
Blue	7.2	22	340	Very difficult
Green	4.6	14	195	Very difficult
Short Green	3.8	14	105	Very difficult
Light Green	3.7	13	80	Difficult
Orange	2.9	10	110	Moderate
Yellow	1.8	9	80	Easy
White	1.4	12	40	Easy

All courses have control descriptions on the map and loose waterproof copies will be available in the start lanes. For Brown – Light Green the control descriptions are pictorial only. Orange has pictorial and written descriptions. Yellow and White only have written descriptions.

Courses close at 14:00; ensure that you have returned to assembly and downloaded by 14:15 otherwise we will be sending out search teams!

String Course

The string course is found on route to the start and is close to the parking field.

Results

Live results will be presented at registration and signal permitting this live feed should be available from the event result page on the TVOC website. Our excellent team will also aim to post provisional results and Routegadget (web utility that allows you to draw where you went, or upload GPS track, and then replay your run against everyone else) as soon as possible after the event.

Out of Bounds (OOB)

The area around the main car park, high ropes course and cafe is out of bounds. This is marked on all maps by the purple overprint. The landing for the zip line to the south of the main OOB area is separate and surrounded by a wooden fence. There is a small indistinct track / runnable forest that is in bounds that provides a safe route around this. We can't tape off this area as it is in use by public so take care to stay in bounds if you go this way as the more obvious major tracks are obscured by the overprint. There will be some signage to indicate the start of OOB on the more major tracks in this area. The OOB is shown in the provided map extract, right. The forest road that runs through the competition area is also OOB and marked with purple crosses.



Accessible route

Zip line landing

First Aid

EMC Medical services will be providing first aid cover and will be situated in assembly field near registration. For more serious conditions the nearest **A&E** department is Stoke Mandeville Hospital, Mandeville Rd, Aylesbury HP21 8AL. Map available at enquiries.

Medical conditions

Any competitors with a medical condition that might require medical assistance during the event are invited to complete the following medical form (http://tinyurl.com/BOF-med), print it off and leave it in a sealed envelope with Information. It will be shredded after the event. Blank copies of this form and envelopes will be available at Information.

Remembrance Day

As it is Remembrance Sunday there will be a 2 minute silence at 11:00. No competitors will start during this interval – this will be coordinated by the start officials. In the parking field we will try to announce the silence, but given the size of the area this will be difficult. Registration and enquiries will observe the silence so will not be able to answer questions or function during this time.

Dogs

Dogs are welcome, please pick up after them. TVOC's policy is that dogs should not accompany people on their course, but there are no restricted areas.

South Central Orienteering League

This event is the 4th round of the SCOL league for more information see: https://www.scoa-orienteering.org.uk/scoa-league.

Toms Catering

Toms catering wagon will be found in the assembly field. Please do support Tom and I'm sure you deserve to treat yourself after your course. Burgers, Bacon/Sausage/Eggs rolls, Veggie chilli, jacket potatoes, hot drinks and a fine selection of sweet treats are usually available.

Photography

You are welcome to take photographs at our event. Please be respectful of other peoples' privacy when taking photographs. Do not take inappropriate or intrusive photos. Consider <u>British Orienteering's guidelines on photography</u>.

If you have concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken), please report them to the event organiser or another official.

Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear in mind that photographs may be taken at the event, and some may be posted onto public websites

Officials

Organiser: Adam Poole (TVOC)

adjpoole@gmail.com

07746 793242

Planner: Chris Poole (TVOC)
Controller: Geoff Ellis (BOK)

Neville Baker (TVOC) – Thanks for taking over from Geoff who could no

longer attend.



https://www.facebook.com/tvoclub

Tell us you are coming on our event facebook page: https://www.facebook.com/events/1510218852451085/

Courses close at 14:00 You must report to download even if you do not complete your course

Please remember

- Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety.
- Please check website for last minute cancellation in case of bad weather. In the event of cancellation, some or all of your entry fee may be retained.
- The personal data you give will be used by the event organisers & their agents only
 for the purpose of processing and publishing the event entries and results, for
 conducting safety checks and to validate British Orienteering insurance cover.
 Submission of an entry for the event will indicate your acceptance of this procedure.