

# Ian's 500 Mile Battle Back Grand Prix

## Wednesday 3 - Sunday 7 July 2019

The Battle Back Centre at Lilleshall operates to support wounded, injured and sick personnel. The centre's goal is to help these people to achieve the best possible recovery so that, they can either return to service duty or to help with the transition back into a civilian life. The Battle Back centre is part of the Ministry Of Defence Recovery Capability Programme which helps to provide sports and adventurous activities for injured and sick personnel across the armed forces.

With this in mind, my objective is to raise funds in order to purchase electric mountain bikes to assist the centre when running their cycling courses. Giant Cycling company have been very generous in offering special purchase prices for the bikes.

Over the five days, my plan is to cycle 100 miles each day, everyone is welcome to join me on distances between 25 and 100 miles per day. If you would like to join myself, please contact me via email at [ian@ultrasport.co.uk](mailto:ian@ultrasport.co.uk) or by text on 07815 068065 for further details of the event including routes of each day. I have also had a just giving page set up [https://www.justgiving.com/crowdfunding/battlebackgrandprix?utm\\_term=pjj2q39Q6](https://www.justgiving.com/crowdfunding/battlebackgrandprix?utm_term=pjj2q39Q6) which will also keep you up to date on how we are doing on our journey on a daily basis along with our fundraising. Any donations would be greatly appreciated to help support us in providing these brave people on their journey through the Recovery Capability Programme. I will also keep you updated on support from companies along with the great support and participation from my local running club-Newport and District.

Many thanks for your kind support in my final fundraising event for what I consider a most worth while cause.

Yours in Sport  
Ian D.G. Kevan BEM  
Ultrasport Ltd

