



T'VOICE

January 2018



NEWSLETTER AWARDS 07 09 10 11 12 15

CompassSport

The Thames Valley Orienteering Club Newsletter

Phot-O Gallery 1



Bill Child & Martin Ricketts, Halton Urban event



Control collection, Kingswood



John Dalton on registration, Chilterns Night & Day, Penn Wood

T'VOICE

Thames Valley Orienteering Club Newsletter (late) January 2018 Issue 243

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*Front cover: Mike Shires & Roger Thetford at the Halton Urban event start
Back Cover: Greg's Madeira map*

From the chair...

Some important changes to TVOC officials have taken place; I'm now Chair, Chris Poole has taken over my Vice-Chair role, and Marie-Anne Fischer is the new Membership Secretary. My thanks to Chris and Marie-Anne for taking on these roles.

There are some other short and long term changes ahead.

For most of the Club's existence we have organised the Chiltern Challenge (Level B) and about five of the old style colour-coded (Level C) events. Very recently the Saturday Series has come to prominence. These events have been successful in attracting newcomers to the sport and are somewhat easier to organise. They are an excellent addition to our fixtures. However this has the potential for placing excessive pressure on our volunteer helpers hence we will be cutting back the number of Level C events. This will then provide orienteers, both old and new, with a good variety of



Neville at Stowe 2016

events to attend.

Speaking of variety, we have increased the number of Urban based events. There are good reasons for this: the Saturday Series may be best placed in the familiar surroundings of towns and parks, there is a market for Urban amongst established orienteers, and they are good to organise in the summer when our woodlands become overgrown.

TVOC has been a long term user of EMIT. Some of our kit is beginning to show signs of age, with reliability issues springing up and jeopardising the organisation of events. We have decided to fix this in the near term. However a Timing Group has been set up to look at all future possibilities for our Club's event timing system. I know that other clubs within our Region are also considering different options.

Last, but not least, I would like to thank Peter Riches, Mark Thompson and Jim Prowting, who stepped up to make sure that the British Middle Distance Championships took place at Wendover last October after the original plans elsewhere fell through.

There were also many other well appreciated contributions from TVOC members before and on the day.

Neville Baker / Chairman

News in Brief

CompassSport Cup

A reminder that the Compass Sport Cup first round match will be on March 11th 2018 at the Balcombe Estate near Crawley. For those who are not familiar – the Compass Sport Cup is an annual inter-club competition. Generally, the more people who take part from your club, the better your chances of winning, so we always try to encourage as many as possible to come along. See later in the newsletter for more information. *Alison Smith / club captain*

New vice-chair

At the AGM in November the position of vice-chair was left vacant following Neville's move to the chairman's chair. At the club meeting in January, Chris Poole kindly volunteered to take over the post of vice-chair, and was elected by those present at the meeting.

JK relay entries open

The annual JK orienteering festival at Easter is this year at Cannock Chase (Staffordshire), and relay entries for the Sunday need to be made through the club. Please contact Alison Smith if you would like a run – see later in the newsletter for full details.

Membership News

New year - new membership secretary - I wish to take this opportunity to say a big Thank You to Carol, our former chair and membership secretary and wish her many happy days in the Lake District. Carol left a pair of big boots to fill. I couldn't even try to fill them, so I decided to bring my own, usually a pair of sandals.

A few words about me: I'm Marie-Anne Fischer and moved to Oxford some 17 years ago my native Luxembourg via years spent in Germany and in France. My orienteering days started 9 years ago and I still make the same mistakes as I did in my very first attempts to get round an orange course. Urban orienteering suits me better than the classic forest courses, but I enjoy the challenge of every single event I attend. Coming from a running background I used to run (often in the wrong direction), whereas these days I tend to jog and walk (still often in the wrong direction).

It is a great pleasure to introduce the following new members to the club: Peter Anderton, Alison Barry, Nikolay Biba, Daniel Gardner, Edward Lacey, Ana Legin, Louisa Lloyd and the Charlton, Cooper and Tyne family. I hope you enjoy races, be it at local, regional or national events.



Marie-Anne at Hambleden 2017

Membership with TVOC offers regular opportunities to volunteer your help with putting on events. We have a number of event teams which we encourage you to join. In return for your help with an event you will receive free entry to TVOC events. We currently have the following teams:

Car Parking, Information, Start, Finish, String course, EMIT/Registration, Control Collection, Road crossing, Saturday Series, Website, Summer Series. If you wish to find out more on the work the teams do and wish to join a team, please get in touch with me (membership@tvoc.org.uk).

If you haven't renewed your membership with British Orienteering and TVOC yet, please be aware that this is the last newsletter you receive. The easiest way is to renew online on the BO website (log in with your membership details, hover over My Account and select Renew my membership) or fill in the membership form found on the TVOC website.

Marie-Anne Fischer / membership secretary

SCOA Junior Squad

We welcome all SCOA juniors of about Orange standard and above and aged 10 or so to 18 years to join us at the Saturday training days. We meet at 1015 hrs and finish about 1500 hrs. You need to bring your lunch, a drink, £1 to cover map and access costs, and your orienteering

kit. Please contact Simon Kippin (juniorsquad@scoa-orienteeing.org.uk) if you want to know more.

Future training dates so far arranged are as follows:

Feb 13	Frith
Feb 17-18	Gower training with Welsh Junior Squad
24 Mar 18	TBD



*Simon at JK Relay
(photo: Wendy Carlyle)*

JROS Summer Tours 2018

JROS (Junior Regional Orienteering Squads) have announced their summer tours for 2018. Please see the JROS website for further details on selection races and criteria (www.jros.org.uk).

Simon Kippin / SCJS squad manager

Club Tops and Jackets

Trimtex Jackets £45

Short Sleeved O Top £25

Long Sleeved O Top £25

Club tops and jackets will be available to try on and purchase at TVOC's weekend events.

I can also bring them to other orienteering events held by neighbouring clubs, such as SMOC, HH & BKO, please email me: heidilloyd13@gmail.com as I will only bring them to other club's events if asked.

The Club supplies O tops free of charge to juniors after they have completed two colour coded courses on their own. They remain property of the club and can be exchanged for larger sizes as they get too small.



Heidi in club jacket

Heidi Lloyd

Schools League

Once again this year, Sir William Borlase's Grammar school are taking the lead due to regular attendance by a number of competitors. However, there is all to play for in the rest of the leader board with joint positions throughout! Individual leaders at present are Arlo Braund and Nathan and Joel Taylor, each on 360 points.

Pos	School	Points
1	Sir William Borlase's Grammar	615
2=	Holy Trinity Marlow	360
2=	Burford School	360
4=	Headington School	240
4=	Clifton Hampden Primary School	240

The schools league runs alongside the Saturday series events (and selected larger events) throughout the school year from September to June. To earn points for your school for the year, just sign up on the sheet at a Saturday event, giving name, school, and school year group. Year 6 and below would normally run a white course, Y7-8 run yellow, Y9-10 run orange, with Y11 onwards running light green or equivalent, and the winner of each age class on a course would gain 100 points. However you can gain points on any course, harder courses earn extra points. For further details see the TVOC website.

Ian Buxton / Schools League co-ordinator

Colour-coded award badges

Are you eligible for a colour badge? You can qualify for a colour award badge by successfully achieving the 'standard' for that colour course (at a level C event or above) on 3 separate occasions. For yellow, orange, red, light green, green, blue & brown courses the standard is generally set by either the winner's time +50%, or the top 50% of those who started the course, whichever gives the most qualifiers. The white standard is achieved by all who complete the white course.

If you believe you are eligible for a colour badge, collect together the relevant results and contact Roger Baker who maintains the TVOC stock.

*email: rogerhbaker@btinternet.com phone: 01235 520447
post: Ludwell, Faringdon Road, Abingdon, Oxon OX14 1BQ*



Yellow & Orange badges

Roger Baker

Your club needs you!

Orienteering is an unusual sport. With most sports, you take it up as a youngster, peak in your 20s and then performance declines, you hang up your boots and move into coaching or organising. The great thing about orienteering is that, whilst performance declines as you get older, the age structure of the sport allows you to continue to compete with your peers right up to advanced ages. And many of our members do just that. Orienteering really is a sport for all.

The downside of this is immediately obvious. There is no cadre of retired players, happy to coach and to run the sport. You can see this in our club meetings. Just read the minutes of

the latest meeting (available on our website – there is a link on the right hand side of the front page). Most sports' club meetings would focus on past performances, on coaching and otherwise developing the performance of the existing members. By comparison, our minutes are largely focused on our future events and what we need to do to make them happen.

January's meeting spent a long time discussing the Chilterns Night & Day – see the report on page 11. The weekend was a great success. But it strained our committed members to the limit. With our plans for 2020 featuring the British Night Championships followed by the Chiltern Challenge on the following morning, we need to think very seriously about how we can deliver two really major events on two consecutive days. So a lot of the meeting was about helpers on the day.

TVOC has done really, really well in the last few years, attracting new members to the club. That has been primarily through our Saturday Series, which has grown from small beginnings to be a really successful series of events. We normally now get well over 100 participants, and our first 200+ event cannot be too far away. So far so good.

Where we have been less successful is in:

1. Encouraging those new members to move on to competing at level C events, both ours and other clubs'. There are a few notable exceptions of course. Now, for some people a Saturday Series event is as much as they want to do. Maybe they do not want to travel far, maybe they have other commitments on Sundays (when most level Cs take place), maybe there are other reasons. But if any newer members are tempted by level Cs, I would encourage you to do so. Talk to one of our helpers at a Saturday Series if you have any questions or concerns about them.
2. Encouraging new members to help at our events, including at Saturday Series. Again there are some notable exceptions but, by and large, recent members tend not to offer to help.

Now for some of our members, just coming to the event to run is as much as you can do. Maybe you have young children who need looking after, maybe you have major time commitments in other parts of your life, or there are other reasons you are unable to help. Let me emphasise that that is absolutely fine. We are glad to have you as members and as participants.

But might some of you be put off helping? Perhaps you feel you do not have enough experience to be able to help. Or maybe we appear to have everything in control and not needing more helpers. Or maybe the team of helpers appears to cliquy and unwelcoming*. So let me emphasise, we would LOVE all offers of help, at all our events.

Offers of help in advance are best, because that allows the organiser to plan where to put you. For Saturday Series, there is a link on the events page on the website; just add your name to the spreadsheet. For major events, drop the organiser an email to offer to help. And we give a useful discount off the entry fee to helpers; if entering through Fabian4, the code this year is tvoc18.

** Do we feel clique or unwelcoming? If so, I would really like to know, and to see how we can change. Drop me an email, or phone me, to tell me what we should or should not be doing.*

Alun Jones / alun.orienteing@gmail.com / 07967 605307

Waddesdon Winter Weekends

The Winter Weekends orienteering courses at Waddesdon are available on Saturdays and Sundays - they are all on paths.

The grounds are open from 11am to 4pm. The maps are A3 size, scale 1:6000 and are available at the car park Pavilion for £1 each.

Bring a pen to enter the control letter codes on to your map from the course post marker - see attachment.

For more details, entry charges for non National Trust members and other activities including walks, half-term activities from 10 to 18th February 2018 etc see:-

<https://waddesdon.org.uk/whats-on/winter-weekends>

The lower start S1 for the orienteering courses is on the path to the Manor a few yards from the car park Pavilion.

Course 1: Start S1 to the Manor, direct. 1.2km, 50m climb, 5 controls.

Course 2: Manor (Control 39) to car park indirect. 1.4km, downhill. 8 controls (partly on paths across fields - can be muddy).

Course 3: Catch the bus from the car park to the North Fountain bus stop where you start at S2 and navigate around the upper Manor grounds to the Stables bus stop from where you can catch the bus back to the car park. 2.3km, 45m climb, 16 controls. Buggies possible - note some climbs.

Course 4: From North Fountain bus stop (Start S2), around the main Manor sights & back to S2. 1.0km, 10m climb, 9 controls. Suitable for buggies and wheelchairs.

Course 5: Score Event format: Find all 26 controls in any order starting at Start S2 at the North Fountain bus stop. Minimal climb.



Waddesdon control marker

You can use your map for several visits. You can check your answers at the Pavilion. If you complete these 5 courses you will be awarded a certificate at the Pavilion

Course 6 is the Tailwagger's course from near the car park pavilion up to the Stables. 1.6km. 45m climb. 10 controls. (Dogs are not permitted around the main Manor grounds.

Courses may be curtailed in cold weather due to snow or ice on the paths.

The courses are not timed and are not competitive - please do not run -particularly in the busy areas around the Manor. See the sights and take your time.

Andrew Chalmers

Permanent Course Certificates

Along with Instructions on the back of TVOC Permanent Course maps there is the offer of an attractive certificate to commemorate achievement if the secret codes that have been discovered are sent to me. This gives me the opportunity of including publicity material along with the certificate and making suggestions for further involvement in a personal letter.

Thanks to Mike Shires (design) and John Farren (production) I now have new certificates as illustrated here.



TVOC Permanent courses:

you can download maps from the TVOC website, using
username **maps** password **tvocmaps**

Roger Baker

Come along to the Compass Sport Cup

We'd like to encourage as many of you as possible to come along to the annual inter-club competition, the Compass Sport Cup. The first round match, for all clubs in the south-east, is on Sunday 11th March at the Balcombe Estate near Crawley, a lovely mixed woodland area. This is just like a normal Saturday or Sunday event except that your run could score points for the club. The more runners we have, the better! We especially need more juniors and under-45 adults, even if you are relatively new to the sport.

You will need to run the right course for your age group – see the list below. Juniors who are under 14 (or who turn 14 this year) need to be able to get round an Orange course on their own and those between 14 and 18 need to be able to get round a Green course. TVOC will pay entry fees for juniors. The cost for adults is £12 (plus £1 if you need to hire an SI card). There are also white, yellow and light green courses available for non-competitive runners who want to come along and run (maybe to support other family members) but don't want to do their age class course (cost £5). You can pay by bank transfer to TVOC (contact me for details) or by posting me a cheque or giving me cash next time you see me.

If you can make it, please email me Alison.smith@virginmedia.com by 20 Feb with:

- Your name (as it appears in the BOF membership list).
- Your age class (or your age, if you are not sure what your class is).
- Your SI card number, if you have one (otherwise we will hire one for you) (note: SI cards are different from the emit cards that TVOC uses at our own events).
- Your BOF (British orienteering federation) number, which you should have been given when you joined TVOC.
- Whether you prefer an early, middle or late start (starts will be between 10.30 and 13.00).

Courses:

Brown - Men Open

Blue - Women Open

Green - Women W45+ W20-

Short Green - M70+ W60+ W18-

Short Brown - M40+, M20-

Blue - Men M50+

Green - Men - M60+ M18-

Orange - M14- W14-

A flyer with more details is on the events page of the DFOK website (www.dfok.co.uk).

Alison Smith / Club Captain

Chilterns Night & Day - reflections

The purpose of this note is to identify key issues and learnings from the Chilterns Night & Day. This can then be used to assess the viability of holding the 2020 British Nights and Chiltern Challenge on a single weekend. There are a few changes I think the club should be adopting now to ensure we have the appropriate resources in place for that weekend.

So how did the Chilterns Night & Day go? My view is that it was a great success:

- We had an excellent turn-out, with 299 entries (and 268 runs) for the night event, 488 entries (450 runs) for the day event.
- There were no significant issues over the weekend – indeed everything pretty much went like clockwork.
- There were no significant complaints from competitors.
- Results were produced in a very timely fashion. The Southern Nights trophy presentation took place on time, with preliminary results on the website by 10:15pm; the Army Inter Corps Championship presentation was actually 30 minutes early; and Sunday results were on the website by 4pm.

The two planners worked very effectively together. The use of common controls for the two events must have substantially reduced the effort required in putting out controls. Re-siting controls overnight was clearly a non-starter.

However, organising the event was quite challenging.

- The major issue was finding sufficient helpers, especially for the night event. I was disappointed to learn that some members did not offer to help, one or two apparently saying they could not help because they were running! On the other hand, some members drove a considerable distance on Saturday evening to come and help even though they were not running; some members did double-shifts. And most of those helping on Saturday evening were out again to help on Sunday morning, just 10 hours later. Nevertheless we were still short of helpers, especially for the Saturday evening. Fortunately, BKO offered a few helpers, both for the Saturday evening and for the Sunday – primarily on the computing side but also on road crossings. Those few extras made all the difference.
- I found the combination of
 - organising two days' events, and

- setting up the database for the two events (which was considerably complicated by the army entries which were not in a form that could be simply imported into the results systems)

put too much pressure and effort onto me. I spent a large part of the week running up to the event working on it, and much of the week after.

This was my own fault. John Dalton had offered to organise one of the events – but I turned him down, because the club has few level B and I wanted him to organise the 2018 Chiltern Challenge.

My conclusion is that the club should be able to manage to put on the British Night Champs and the Chiltern Challenge in one weekend. The combination would not be that much larger than the Chilterns Night & Day – maybe 400 entries for the Night Champs against our 300, and maybe 600 or so for the subsequent Chiltern Challenge against 488. However I would strongly recommend the following:

3. There should be two organisers, one for the Night, one for the Day. They will need to work closely together, because much of the organisation will be common. Maybe they should work as a pair, one being the assistant to the other for their respective events.
4. I do recommend that organisers have an assistant on the day – that they can send to sort out any issues, leaving the organiser at base to deal with further issues arising.
5. We need to work now to increase the number of level B (and A) organisers. There are currently just 5 still active - Neville, Luke (who rarely orienteers), John D, Wheatcrofts (counted as one as they seem to work as a team) and myself.
6. We need to work now to increase the number of active helpers – otherwise it will be the same people doing all the work over the weekend. This means encouraging new members to come to level C and B events, and encouraging them to help. The same goes for our Saturday Series – most new members rarely help even there. How can we change these behaviours?
7. We need to make it absolutely clear to members who enter one of our bigger events that they are expected also to help there. But I do not think we can make this an absolute requirement. Instead I suggest we increase the financial benefit of helping – I suggest a free run, or a nominal £1 charge, rather than the current 50% discount.
8. Non-championship events can generally be run using Colour. (We used Colour for the Sunday event.) Both Robin Bishop and John Dalton are well versed in Colour and can manage a large event using that software. However Championship events (such as the Southern Night Championships) need to use MERCS (in order to support producing results by class rather than course). The club's experience of using MERCS is very limited – and rests primarily with me. Widening this knowledge is challenging; MERCS can be used for other events but it just makes those events more difficult to manage. We have now created a MERCS user manual, and I did spend some time bringing John up to speed on its complexities. But realistically our MERCS knowledge will always be limited. And unfortunately it currently rests with two of our five level B organisers!
9. We should continue to explore opportunities to support, and be supported by, BKO for major events. I have already expressed my great appreciation of their contribution to the BKO chair. BKO will be organising the Southern Championships a few weeks before the British Nights – so we should be ready to lend a hand to them there. The risk, though, is

for our 'hard core' of helpers to end up helping at BKO events as well! We need to guard against this happening.

Other thoughts for the British Nights, and more generally:

1. There were a few mutterings at the Night & Day about common controls. For 2020, the two courses need to be quite different. That means a lot of controls (61 were used at the Night & Day), so hiring some in, and two separate (but liaising) planning teams.
2. There were also one or two moans to the Entry on the Day team about the high cost of entry compared to Saturday Series. Our Saturday charge is a flat £6 for non-members, whilst on the Sunday at Penn they were charged £15.50 for Light Green and above (and £7.50 for Orange and below). It is a big difference. Should we increase the Saturday price a bit, but really push the idea of helping to get a discount?

You can read the various comments received from club members at <https://tinyurl.com/TV-CND>

Alun Jones / Night & Day Co-ordinator

JK Relay Entries

The JK (www.thejk.org.uk) is a major orienteering festival held every Easter, featuring a sprint on Good Friday, two individual events and then a relay (for teams of three) on Easter Monday. This year it is at Cannock Chase in Staffordshire – a lovely area of heath and forest. If you would like to run in the relay on Monday 4 April, please email Alison.smith@virginmedia.com before 25 February. The cost will be £16.50 for adults (TVOC will pay for juniors) – I will collect payment after the teams are finalised. Please let me know your BOF and SI numbers (unless you have sent them previously), your current age class, and whether you have any preference for running first, middle or last leg (middle legs are slightly shorter on most courses).

Alison Smith / Club Captain

Chiltern Challenge 2018

Entries are now open for the Chiltern Challenge taking place on Sunday 15th April!

This year, we are taking this Level B event to Great Hampden and Whiteleaf, just outside Princes Risborough. Mark Thompson updated the map last year, and will be completing work once the shooting season is over on the 1st February.

Robin Bishop is Planner. Our old friend, Mad Mike Edwards from RAFO is acting as Controller. A full-range of colour-coded courses (From White to Brown) will be available. And that includes courses suitable for newcomers, beginners and youngsters.

With Great Hampden and Whiteleaf, you will get typical Chiltern woodlands, generally runnable, with some paths. The northern part is steeper than the gently-rolling southern part, allowing appropriately challenging courses for everyone.

See here for the event Flyer:

<http://www.tvoc.org.uk/application/documents/events/2018%20events/CC18/>

Prelim%20details.pdf

More details to follow. Please put the date in your diary if you haven't already done so! And feel free to enter at Fabian4:

<http://www.fabian4.co.uk/default.aspx?EventID=1979>

John Dalton / Organiser

Madeira m'dear?

Middle of January. Oxford: dark, almost freezing, possible snow; Madeira: bright and sunny, temperature a balmy 15-20 °C. So perhaps the (tenth) Madeira Orienteering Meeting, Friday 19th to Sunday 21st was a no-brainer?



My orienteering over the past couple of years has been intermittent at best – local events at Headington and Brill about sums it up as I was more or less tied to home with Penny's illness becoming progressively worse.

Now I'm trying to adjust to a different sort of life. Friends suggested I might want to go away for a break, so thoughts turned to 'escaping' to an O event - somewhere reasonably exotic but not too distant. A toss-up then, courtesy of the Mole Valley events calendar, between Spain, mainland Portugal, and finally Madeira.

Not one of the most widely known O destinations but obviously popular enough – 170 entries, 12 different countries. Two-thirds of the entries were from Portuguese (including Madeiran) clubs, but others were from across Europe more widely - all the obvious ones and even a smattering from Lithuania, Russia and the Czech Republic. And, including me as the sole representative of TVOC, a contingent of ten GBRs escaping the cold and grey.

On paper it was a three day event, but the Friday evening urban night sprint around the small seaside town of Santa Cruz was not something that gripped me – 'night' and 'sprint' being somewhat alien words in my lexicon, and even more so in juxtaposition, not to mention urban being hard on the knees. So I went for the middle distance on Saturday and the long on Sunday. The website described the terrain as, respectively, 'relevo médio' and 'desnível médio a alto' but I suppose I ought to have guessed that should be seen as relative to a typical Madeiran landscape, for those who have been there. The advertised H70 course lengths of 2.5 and 3.3 km should also have been a clue (and even HE on the long day was only 8.3).

The middle distance area was at an altitude of ~1000m so there were some brilliant views if you had time and energy to appreciate them; nice mixed forest and not too rough under foot.

But a novice error of failing to check the map scale led to some floundering around in vicious low gorse trying to find #1, and it wasn't until halfway round that my brain managed properly to engage. All good fun though I suppose.

The long was even higher up in the mountains (~1300 m) and altogether more taxing. Rough and stony underfoot and even the steep downhill paths needed some care. Luckily it was another fine and sunny day as it could have been quite slippery and hazardous if wet. A not too bad run with no major stupidity, but quite early on I had decided it was a 'get round and finish' sort of day and not a push for a few crucial seconds (minutes) effort. Penny would often tell me I'm not as young as I used to be, and in that sort of terrain I think possibly she might have been right.

I could report that I finished in the top five in H70 on both days, although that wouldn't be the entire truth as there were only seven in the class. Both days were comfortably won by a speedy Swiss (perhaps more used to mountains?) but only a few minutes covered the next few places so those brain fades might have made a difference. But who's counting anyway, it's only a game after all (?). Over the two days the overall H and D elite winners were both Swedish, and their ~ 10 mins/ km times made my 20 mins look a bit more respectable.

And Madeira is an excellent place for a winter break. My flights were Tuesday to Tuesday so I had a few days to acclimatise and enjoy some walking. I had one day of drizzle/ steady rain when my wet weather walking gear just couldn't cope, but two other superb days in the sunshine. But Madeira walking is not for the faint-hearted (or vertigo sufferers). I'm not sure whether the exertion got me fighting fit for the orienteering or the converse – I was certainly feeling pretty wrecked when it was time to go home. Overall it was excellent. The sun mostly shone and the food was delicious (not least the fish, fresh from the Atlantic).

And for those who like that kind of thing, the Clube Aventura da Madeira was advertising the Funchal City Race for early December.... www.funchalcityrace.com

Greg Birdseye

BUCS Orienteering Championships

3-4 March 2018

Oxford University Orienteering Club (OUOC), under the organisation of Jamie Parkinson, are running the BUCS (British Universities & Colleges Sport) Orienteering Championships in March this year. These prestigious championships consist of:

- An individual event on Saturday 3rd March
- A relay event on Sunday 4th March

OUOC expect over 200 entrants on each day to the event.

TVOC have, of course, offered their support to OUOC for this weekend championships. We have agreed to host the BUCS Individual event in parallel to our own Saturday Series event. We have provided OUOC with our most recent maps of both areas.

This is how each day will work:

Individual Event, Saturday 3rd March 2018 at Bradenham

OUOC and TVOC are combining efforts so the BUCS Individual event will be held in association with a TVOC Saturday Series event. This will be held at Bradenham, north west of High Wycombe.

TVOC will provide OUOC with the necessary event infrastructure (pre-entries, EMIT hire, Download, Results, toilets etc.).

OUOC are updating the map, and providing the Planner, Scott Collier. Scott is also planning the Saturday Series courses.

The two events will have different starts, but a shared Finish. They will not use common controls.



Bradenham map extract

The BUCS event will have some later starts than the TVOC Saturday Series event. As a result, Download, and Courses Close times will therefore be a bit later than normal for a Saturday Series event.

Relay event, Sunday 4th March 2018 at Shotover

OUOC are taking the lead for the organisation of this event. Ed Nicholas is the Planner.

Help Needed

I remember very fondly the equivalent events I competed in in the late 1980s (then called BUSF). One such event was organised between Durham and Newcastle, with a substantial part of the mapping and organisation being done by our own Julian Birkinshaw. Another was organised from Bristol by Alice Bedwell and Mark Saunders. Both are still very active orienteers, with Alice acting as Controller to the BUCS event held in Bristol in 2016. My own club, Leeds, organised the event the year after I left using one of the 1987 JK areas for the Individual, Newtondale, and Ilkley Moor for the Relay. I, along with several other ex-members, and a number from Airienteers, were keen volunteer helpers over a very cold weekend. Of course, the organising university clubs have always welcomed help from their local open club friends.

And so both TVOC and OUOC are very keen to have enough help available on both the Saturday and the Sunday events.

One benefit of linking BUCS with a TVOC Saturday Series event is that the usual TVOC equipment, infrastructure and help will be there. Thanks to the Wheatcrofts who have already very kindly offered to help coordinate the BUCS Start.

All TVOC helpers will get a run on one of the usual Saturday Series courses. And subject to helping duties, it may well be possible for TVOC to enter guest teams into the relay on Sunday.

If you are interested, please contact me.

Can you help?

Firstly, many thanks to those who have already offered their help to me. If others are able to help on either day, this would be most appreciated. We would welcome a few more helpers than normal for a Saturday Series event.

If you are able to help, please do let me know for which day(s). I will:

- Add your name to the usual Saturday Series Helper list
- Share your name with Jamie at OUOC

Alternatively, for the Saturday event, you can also register your ability to help directly on the usual Saturday Series Helper list from the Events page of the TVOC web site here:

http://www.tvoc.org.uk/application/views/events/events_view.php

(Select "Helper List", and choose the "Bradenham" tab to bring up the Helper List for the correct event).

John Dalton / secretary@tvoc.org.uk

Post Race Analysis Tools

Introduction

At the 2017 RAF champs it was mentioned that it would be good for people to upload their runs to Routegadget. This was not a familiar tool to all so this article is aimed at giving an introduction into the various tools that are commonly available. These are Routegadget, Splitsbrowser and Winsplits. Each tool has its own unique features, my personal favourites are Routegadget and Splitsbrowser. As an example I will use the RAF championships at Penn so you can play along by following the links here:

<http://www.tvoc.org.uk/application/documents/events/2017%20events/Chilterns2/index.htm>

In brief;

Routegadget: Allows you to plot your course (by hand or upload a GPS) this then allows you to analyse your route versus others. You can also then playback the race as if everyone started at the same time and easily see where you lost or gained time.

Splits Browser: Shows you a visual graph of your split times which by default is compared to the fastest leg.

Winsplits: This utility has a lot of extra features that are behind a pay wall. But its main feature is to identify legs where runners made errors by highlighting splits where runners lost time.

Routegadget : Getting Started

Often the simplest way to get to Routegadget is to follow a link from the results page of the

club that hosted the event. Or a quick google (or search engine of choice) for the Club name and 'Routegadget' will get you there. If you are super keen doing this manual search will often find the Routegadget for the race before the results page is updated.

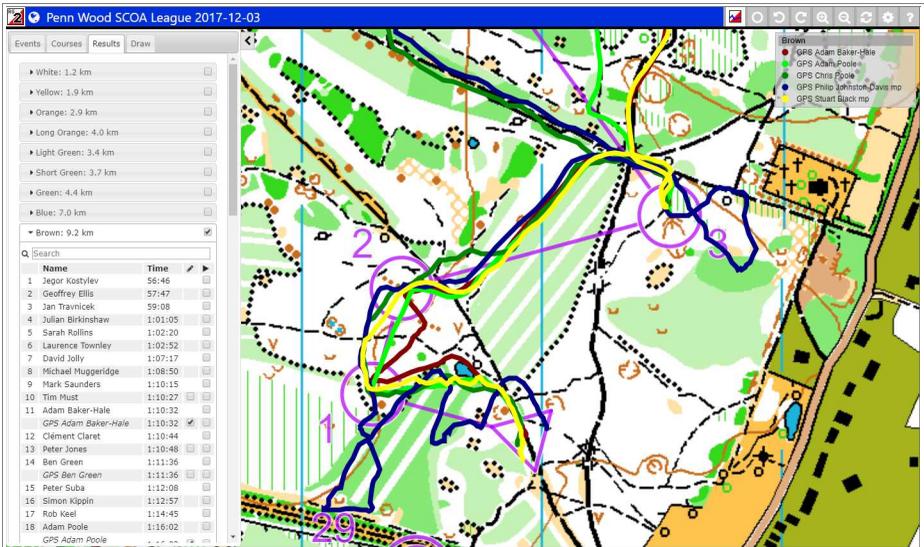


Figure 1: Selection of RAFO routes for first 3 controls - Penn Wood

In Figure 1 a simple screen from Routegadget is shown. There is toolbar running along the top with controls that are fairly obvious to work out, the first one in the group on the right is a link to Splitsbrowser. On the left of the main window is a collapsible pane with a tab control. The first tab is straightforward and allows you to navigate to the event you wish to look at. Each club maintains their own Routegadget page so you'll only see their events, but you can browse through and find past events and old maps which is great for swatting up before a race.

The second tab allows you to toggle on and off all the drawn routes for various courses and the course itself. I personally don't use this tab but skip through to results tab as shown in Figure 1 as it allows for more control over what is displayed.

On the Results tab clicking on the course will expand it, showing the runners who participated on that course. In Figure 1 I have expanded the brown course, I have also selected the check mark to display the course overlay. To show a runners route check the box in the pencil column, if the box is missing then that person has not drawn their route. The checkbox in the final column with the play icon is there to select runners to view in playback. Once you have selected a runner then the playback controls will appear in the bottom right which we get into shortly.

Zoom can be controlled by mouse wheel or whatever gesture you usually use to zoom, caution if focus is not on the map you may scale the browser or do nothing. Right-click drag the map to move it around. If you are on a small screen you can hide the tab control by clicking the arrow button next to it, or click the RG 2 icon.

Drawing a Route

Adding your route is best done on a proper computer, tablets and small screen devices can be awkward but it is possible with patience. The draw menu is shown in Figure 2. If you are drawing by hand or using GPS data you always have to select the course which you are drawing and find your name. You can include an optional comment about your run. These comments are shown by hovering over a name in the results tab. Runs with comments are identified by being underlined.

If you are drawing by hand you can ignore everything below the top most divider, get started by clicking on the map, a straight line segment will join the last point you clicked (or the start). If you make a mistake click undo. Make sure you 'visit' every control¹, just like in the real thing, the control you need to go to next is highlighted in red. In playback it uses your split time to determine the speed so it is important to do this properly otherwise it all goes wrong. If you had to tie a shoelace, or had a delay due to chimpish actions you can use the '+3 sec' to add some stationary time, you can stack these up to get a delay of appropriate length. If you are using GPS this is not necessary speed is calculated from the data. Click save when you are done.

If you have a GPS I recommend using that even in urban where it can get iffy between buildings as the speed is much better in playback. You can do both, hand drawn and GPS. First get a copy of the GPS file in the gpx or tcx format. For Garmin users find your run on their connect website, click the cog icon in the top right to get an option to download the data.

When you have your file uploaded you can adjust it. The autofit feature works reasonably well, but sometimes goes wrong, I tend to always do my courses by hand. When you want to move around the map while editing GPS a left click drag will move/scale/resize the GPS use right click if you want to move about. When you upload the route it has a handle at the start and finish as shown by the green circles. Move the route so your start point is where you started your watch, not the triangle! Then click the handle to lock it, it will become red. Don't move or lock the finish yet, my recommendation is to add handles by clicking on the trace and moving them to the correct location before locking them. Adding a handle between two locked ones and then adjusting causes some odd scaling to happen. So I add handles in order and work around the course from the start doing my adjustments sequentially. When adjusting your route don't worry about it being perfect. As long as it is possible for someone to work out your route it is fine. When done click 'Save GPS route', if moving a handle causes



Figure 2: Draw menu

some odd scaling to happen don't try to fix it by moving it back just click 'undo'.

Playback

When you have your route go back to the results page, select a few runners you want to show by checking the play column. Remember only those with checkboxes in the pencil column have drawn a route. You can select runners that haven't drawn a route but in playback they will follow the purple line.

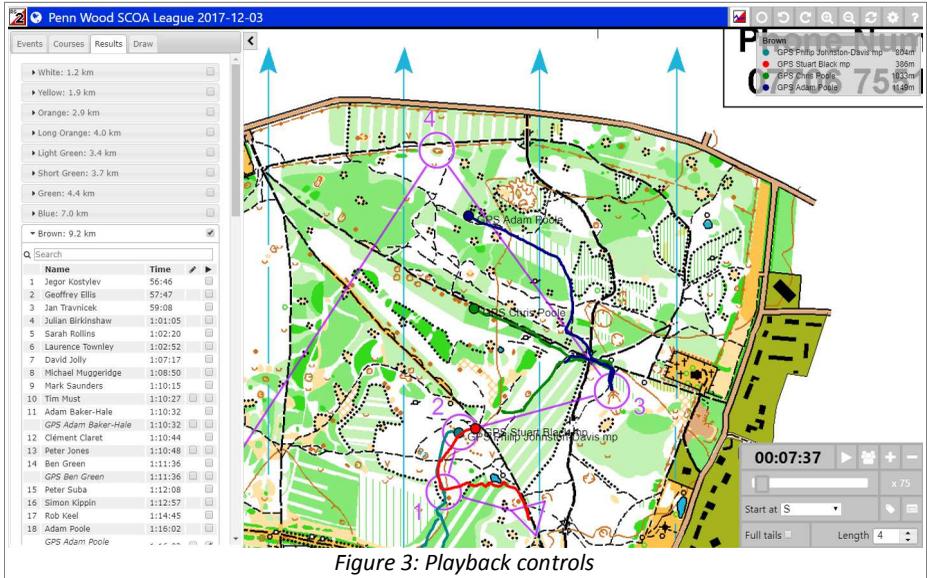


Figure 3: Playback controls

Figure 3 shows the playback controls. There is a timer with the play/pause button to the right. The icon to the right allows you to toggle between replaying the race as a mass start or in real time. Mass start is most useful for analysis but if you are trying to work out when you crossed/passed someone real-time is useful. The plus and minus buttons control the speed up factor of the playback. The speed up factor is shown below those buttons, set at x75 in the figure. The start at drop down box allows you to reset the mass start point. This is useful to put everyone back together so if you made a big mistake at control 5 you can set start at to 5 and see how the rest of your run was. The next two buttons I don't use, one changes the display name the other displays the splits as on overlay. The final options control tails, as the playback is done the routes are drawn on like a snail trail. I tend to not show the routes when I am watching play back (no checks in the pencil column) instead I use the tails feature if I want to look at this. Full tails shows the entire route, or you can set the length in the drop down. Typically I have this off (which is default) which is done by setting the length to 0.

Again right click to move the map around and scroll to zoom. Or use the controls on the top toolbar.

Splitsbrowser

The data for Splitsbrowser is always generated by Routegadget, but a link to Splitsbrowser is not always given in the results but if Routegadget is supplied then you can access it from Routegadget's toolbar.

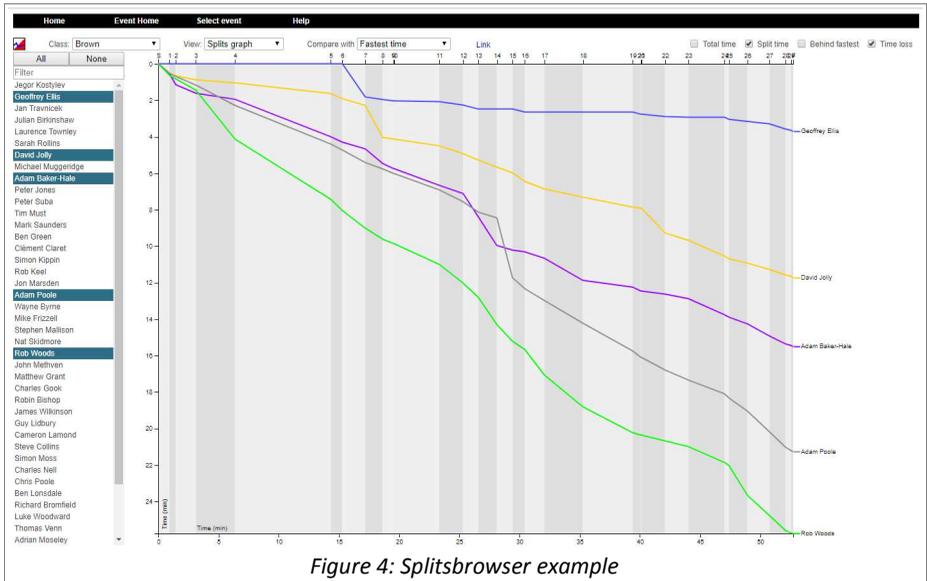


Figure 4: Splitsbrowser example

Splitsbrowser is fairly straightforward. I suggest you just click around and experiment. The graph generated is normalised by the fastest time on that leg, a horizontal time represents the fastest split. A clean run is shown by a line with a constant gradient, this shows you lost time at the same rate to the fastest. A sudden drop indicates a mistake and a trace that bends downwards overtime and drops off at the end shows tiredness, lack of fuel or fitness.

Change the 'Compare with' field to get a direct comparison against your orienteering nemesis. And another feature to look at is if you change view to race graph and have a single runner selected then the crossing runners becomes available this shows all the people who overtook or were overtaken by you! A good way to work out who that random person was if you didn't get to chat at the end. Race graph also helps to spot "trains", but that's beyond the scope of this article.

Winsplits

This utility allows you to quantify mistakes and work out how much time you lost based on a statistical approach. I'm not a fan of it as I find the navigation a bit awkward for events with many controls as the names are lost easily. Lots of sideways scrolling. But it provides highlighting, split and race positions. For each event some randomly selected features that are behind the paywall are unlocked. To access them click 'Bonus content' below the language

selection (flag icons).



Figure 5: Winsplits sample. Red fastest split, Blue top 3. Pink highlighting a mistake according to settings along the bottom.

Personally I prefer to use Splitspro to get the information Winsplits provides in a graphical form, but Winsplits is a great way to quantify your errors.

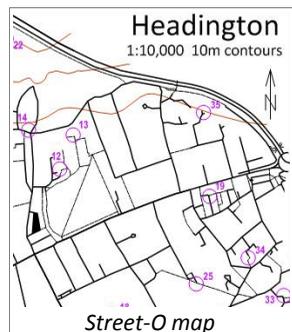
Summary

RouteGadget is probably the most useful of the tools summarised here. Each one provides a different insight into your run. Hopefully this article helps you get started with using these but if you want further information or tips then just ask. Happy Running!

Adam Poole

TVOCS Street-O series

The results for the Oxford Street-O series event no 4 (Thame) are now up on the website. Thanks to Jon Harvey for planning and organising the event, and also to the James Figg for the event centre. As usual we have a few mistakes in the the results and I'll correct them. The overall standings for the men are very close at the moment; Nigel Bunn leads, with Robin Bishop, Roger Cliffe and Marcin Krzysztolik all just 5 points behind in joint second place. For the women, we have Charlotte Coles in the lead, with Marjolaine Briscoe and Marie-Anne Fischer currently in second and third place. For full details visit the website at <http://oss.markandblanka.com/>. The next few events (as things stand, check with the website) will be:



Tue February 20: Iffley (John Owens)
 Wed March 14: Oxford (Bill Child)
 Wed April 18: Botley: (Heather Walton)

Robin Bishop / Street Series Co-ordinator

Officials for future major events

A quick update on where we are on Organisers and Planners for our major events. The table below shows the main picture. Or have a look at <http://tinyurl.com/TVOC-plans> to see it more clearly.

	A	B	C	D	F	G	H	I	J
1									
2		Date	Level	Where?	Map update	Organiser	Planner	Controller	Comments
3		Note location of events is subject to obtaining appropriate permissions							
54		2018							
55	Sa	20/01/2018	C	RAF Halton East + Wendover	Martin Ricketts	Dougie Cochrane	Nat Skidmore	Carol Edwards, BL	
56	Su	15/04/2018	B	Great Hampden	Mark Thompson	John Dalton	Robin Bishop	Mike Edwards, RAFO	
57	Su	09/09/2018	C	Thame Urban	Mike Shires	??	Ben Green	Charles B-G, SARUM	
58	Su	02/12/2018	C	Shotover	??	Gary Mills	David Kingham	Mike Bennett, HH	Mapper tbc after BUCS relay
59		2019							
60	Su	17/02/2019	B	Downley & Naphill			Neville Baker		Date subject to confirmation
63	Su	30/06/2019	C	Bicester Urban					
64	Su	10/11/2019	C	Wendover					
65		2020							
66									
67	Sa	??/??/2020	A	Hambleden	??	??	Neville Baker?	??	British Night Champs
68	Su	??/??/2020	B	Hambleden	??	??		??	Chiltern Challenge

We have everything in place for the rest of this year, **EXCEPT** that we are still short of an Organiser for our Urban event at Thame on Sunday 9th September.

We really need someone in place now, or this event will have to be cancelled. So if you live within 10 miles of Thame, regularly go to level C events and especially Urban events, then you really owe it to your fellow orienteers to take on the role. The job is made immensely easier with TVOC's team leader system, so there really is not that much to do. But it does need someone to step forward to take it on now.

Looking further ahead, I now want to start putting names into the frame for 2019. We only have three major events planned for 2019, because we anticipate a lot of work helping the JK. So if you are looking to plan or organise next year, you need to get your offer in quickly. The events are:

- Chiltern Challenge, Bradenham, Sunday 17th February (tbc)
- Bicester Urban Race, Sunday 30th June
- Wendover Woods, Sunday 10th November

So if you are up for it, then do please volunteer. Just drop an email to alun.orienteing@gmail.com

Alun Jones / cajoler-in-chief

HAMPDEN GOPPICE

T.V.O.C.

Chiltern Challenge
25th February 1990

stile	1
small path	2
pit	3
small path	4
dark wood	5
goblin's grotto	6
crocodile swamp	7
seat	8

String course map from the archives! - Scanned by Jon Wheatcroft



THAMES VALLEY ORIENTEERING CLUB

Saturday Series

events in Oxfordshire/Buckinghamshire
August 2017 to July 2018

Do you enjoy challenge, excitement, maps, just being out in the countryside? Then come and try Orienteering – an adventure sport for all – at this series of Saturday morning events organised by TVOC. These events are specially designed for juniors, school and youth groups, and adult newcomers, in Oxfordshire and Buckinghamshire. Courses on offer will be easy to moderate and a 5km course for experienced orienteers.

Registration: 10.00-11.30 a.m. Starts: 10.30 -12.00; courses close 13.00. Cost : £6 seniors (£4, BOF or TVOC), £2 juniors per map.

Come prepared wearing suitable outdoor clothing. No equipment needed though a compass may help.

The fixture list below is very provisional as permissions have yet to be sought. Check website nearer the time for details of any alterations.

Saturday Series fixtures – check www.tvoc.org.uk/saturdayseries.html for any changes

19th August 2017	Sue & Ian Buxton	Wycombe Abbey School, High Wycombe HP11 1PE
16th September 2017	Ben Green	Cuttesslowe Park, Oxford
28th October 2017	Mike Shires	Waddesdon Manor, Aylesbury
18th November 2017	Mark Thompson	Kings Wood, High Wycombe
30th December	Andrew Chalmers	Chesham Bois (TBC)
20th January	Nat Skidmore	RAF Halton
10th February	Peter Priest	Brill Common
3rd March	John Dalton	Bradenham, nr High Wycombe

Future events will appear on the website shortly, subject to volunteers willing to plan them!

The TVOC Schools league will run alongside the 10 events from September to June each year. Further details: www.tvoc.org.uk contact Nat Skidmore - nat.skidmore@gmail.com

Competitors take part at their own risk.

PLEASE CHECK WITH THE WEB SITE BEFORE SETTING OFF!

**WANTED! Planners for 2018 events. Contact Nat Skidmore with offers!
nat.skidmore@gmail.com**



Thames Valley
Orienteering Club

Chiltern Challenge 2018

National (Level B) Event

Sunday 15th April 2018

Great Hampden and Whiteleaf

Emit Electronic Timing

Location:	Great Hampden, near Princes Risborough (north of High Wycombe). http://streetmap.co.uk/map.srf?X=482550&Y=203422&A=Y&Z=115 OS SP 825 034 (Sheet 165) Nearest postcode: HP27 0RP https://map.what3words.com/magnum.straying.mercy
Parking:	On a permanent grassland field, Signed from junction of Kop Hill and Peters Lane Start: 750m from parking Near Finish (Brown-to-Green courses): 350m from parking Far Finish (Short Green-to-White courses): 900m from parking
Terrain:	Chiltern woodlands, generally runnable, with some paths. The northern part is steeper than the gently-rolling southern part, allowing appropriately challenging courses for everyone.
Map:	Updated for 2018 by Mark Thompson. Pre-marked, waterproof paper. Map size and scale to be confirmed
Courses:	Full range of colour-coded courses from White to Brown. See table below for Course / Age Class suggestions. Beginners welcome. String Course to be confirmed
Starts:	Registration: 10:00–12:00. Starts: 10:30-12:30. Courses close: 14:30
Entries:	Online now at www.fabian4.co.uk . Pre-Entry closing date: midnight on Sunday 8th April 2018. There will be EOD, subject to map availability
Fees:	Pre-entries - Seniors £14.00 (£16.00 non-BOF/IOF), Juniors & Students £5.00. Late entry & EOD - Seniors £16.00, Juniors & Students £6.00. Emit electronic timing system card hire £1.50 per card - Seniors and Juniors Adult beginners on White, Yellow & Orange courses: £8.00 (including Emit card hire)
Facilities:	Toilets, First Aid, Tom's food and burger van, Ultrasport.
Dogs:	Dogs are not allowed in the woods
Organiser:	John Dalton (TVOC), 07767 362805, secretary@tvoc.org.uk
Planner:	Robin Bishop (TVOC)
Controller:	Mike Edwards (RAFO)

The personal data you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety / security checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.

www.tvoc.org.uk

www.facebook.com/tvocclub

Orienteering is an adventure sport. All competitors take part at their own risk and are responsible for their own safety. Please check website for last minute cancellation in case of inclement weather. In the event of cancellation some or all of your entry fee may be retained.

Minutes of club meeting

Highlights from meeting held 16 January 2018

The recent club meeting discussed items such as:

- Planner/Organiser information & documentation
- Emit control re-batterying
- Club tents & club kit
- British Orienteering website issues

You can read the full minutes online at
<http://www.tvoc.org.uk/application/documents/meeting%20minutes/Mins16thJan18.pdf>

The next meeting is on Tuesday 20 March 2018, 8pm at the Merry Bells, Wheatley

John Dalton, Club Secretary

Fixtures

This information is not guaranteed to be correct or complete. Please check on web site or phone numbers given before travelling. If no details are given, consider the event as doubtful. See also <http://www.britishorienteering.org.uk/page/event> or the event aggregation site at <http://oevents.info>

the new British Orienteering web site refers to the following new naming for event levels. It is understood that this has been done to be more welcoming to newcomers.

“A” = “Major” “B” = “National” “C” = “Regional” “D” = “Local”

Key: I=International, M=Major, N=National, R=Regional, L=Local. CD: Closing date (entries)

February 2018

Sat 10/02/18	L	TVOC Saturday Series Brill Common, Brill Common http://www.tvoc.org.uk
Sun 11/02/18	N	MV SE League event, South Ashdown http://www.mvoc.org
Wed 14/02/18	L	BAOC The Nick Bateson Long 'O', Long Valley South http://www.baoc.info/
Sat 17/02/18	L	BKO Winter Saturday Series (Swinley West), Swinley West http://www.bko.org.uk
Sun 18/02/18	R	SLOW Holmwood Common Regional, Holmwood Common http://slow.org.uk/

February 2018

Sat 24/02/18	L	SN - Saturday Series 6, Esher Common https://www.southern navigators.com/
Sat 24/02/18	M	SWOC British Night Championships (UKOL), Merthyr Mawr Warren and Woods http://www.swoc.org.uk
Sun 25/02/18	N	HH SE League event, Egypt Woods & Burnham Beeches https://www.herts-orienteeing.club/

March 2018

Sat 03/03/18	L	TVOC Saturday Series Bradenham, Bradenham http://www.tvoc.org.uk
Sat 03/03/18	R	OUOC BUCS - British Universities & Colleges Sport Championships - Individual, Bradenham http://www.ouoc.org.uk
Sun 04/03/18	R	OUOC BUCS - British Universities & Colleges Sport Championships - Relay, Shotover Country Park http://www.ouoc.org.uk
Sun 11/03/18	N	DFOK Compass Sport Cup Heat, Balcombe http://www.dfok.co.uk
Wed 14/03/18	L	TVOC Oxford Street-O Series http://www.tvoc.org.uk
Sat 17/03/18	L	SN - Saturday Series 7, Frensham Heights School https://www.southern navigators.com/
Sat 17/03/18	N	LEI Midlands Championships Weekend Middle Distance Event(UKOL), Irchester Country Park http://www.leioc.org.uk
Sun 18/03/18	M	LEI Midlands Championships (UKOL), Belvoir Castle and Estate http://www.leioc.org.uk
Sat 24/03/18	R	JOK Chasing Sprint, Delamere Forest http://www.jok.org.uk/
Sat 24/03/18	R	SOC 50th Anniversary Event, Fleming Park http://southampton-orienteeers.org.uk
Sun 25/03/18	R	SO - level C - Angmering Park (East), Angmering Park (East) http://www.southdowns-orienteeers.org.uk
Fri 30/03/18	M	JK Orienteering Festival - Sprint (UKOL) & Temp-O, MOD Stafford
Sat 31/03/18	M	Jan Kjellstrom Orienteering Festival Individual 1 (UKOL), Brereton Spurs
Sun 01/04/18	M	Jan Kjellstrom Orienteering Festival Individual 2 (UKOL), Beaudesert/Brereton Hayes
Mon 02/04/18	M	Jan Kjellstrom Orienteering Festival Relays, Beaudesert

April 2018

Sun 08/04/18	R	BADO SCOL7 BADO - League Event, Butterwood http://www.bado.org.uk
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April 2018

Sun 08/04/18	R	LOK Hampstead Heath Colour Coded, Hampstead Heath http://www.londonorienteering.co.uk
Sun 15/04/18	N	TVOC Chiltern Challenge Level B Event, Great Hampden and Whiteleaf http://www.tvoc.org.uk
Sat 21/04/18	L	BKO Winter Saturday Series (Rushall Woods), Rushall Woods http://www.bko.org.uk
Sun 22/04/18	M	EBOR Northern Championships (UKOL), Wass http://www.eborienteers.org.uk
Sun 22/04/18	R	BOK Regional Event (ASO), Black Down http://www.bristolorienteering.org.uk
Sun 22/04/18	R	SAX SE League & Sunday League, Eridge Park http://www.saxons-oc.org
Sun 29/04/18	R	HAVOC SWELL & ESSOL event, Hadleigh Park http://orienteering-havoc.co.uk
Sun 29/04/18	R	NOC East Midlands Urban League 2018, Southwell http://www.noc-uk.org

May 2018

Sat 05/05/18	L	OUOC Oxford Urban Race, Blackbird Leys http://www.ouoc.org.uk
Sun 06/05/18	N	BOK Mike Nelson BOK Trot, New Beechenhurst http://www.bristolorienteering.org.uk
Sun 06/05/18	R	WCH WML Event #4, Mansty Woods http://www.walton-chasers.co.uk
Sat 12/05/18	R	OD West Midlands Schools' Championships, Coombe Abbey Country Park http://www.octavian-droobers.org
Sat 12/05/18	R	SO - 'Sunny Sussex Weekend' Event 1 (of 3) Middle Distance, Rivers Wood and part of Balcombe Estate, Rivers Wood and part of Balcombe Estate http://www.southdowns-orienteers.org.uk
Sat 12/05/18	R	SO 'Sunny Sussex Weekend' event 2 (of 3). Evening Sprint event, Goffs Park, Crawley, Goffs Park http://www.southdowns-orienteers.org.uk
Sun 13/05/18	N	SO 'Sunny Sussex' Weekend (event 3 (of 3). Worthlodge Forest, full level B incorporating SE League, Worthlodge Forest http://www.southdowns-orienteers.org.uk
Sat 19/05/18	L	BKO Winter Saturday Series (Bramshill), Bramshill http://www.bko.org.uk
Sat 19/05/18	M	MAROC British Orienteering Championships (UKOL), Balmoral http://www.marocscotland.org.uk

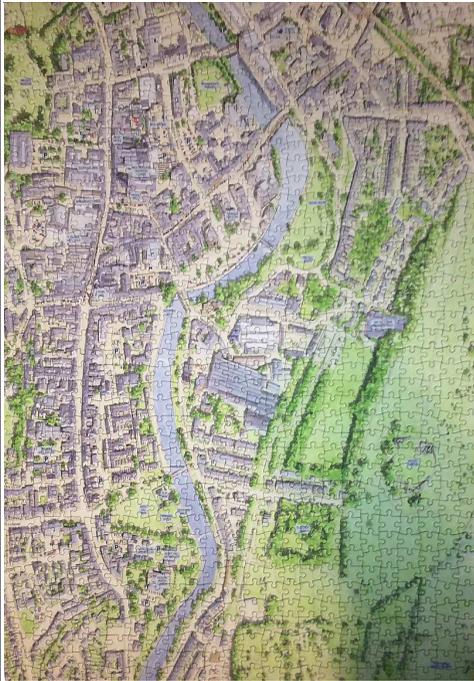
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TVOC on line

Home page: http://www.tvoc.org.uk	facebook: http://www.facebook.com/groups/163648160391703/
E-mail list: http://groups.google.com/group/tvoc-members?hl=en	twitter: @tvoclub

Phot-o gallery 2



My Christmas - Map jigsaw of where?!



Brill Saturday event 2017



Neville Baker & Nigel Bunn, Chilterns Night & Day, Penn Wood

Montado do Pereiro

ESCALA 1:10000

Equidistância 5m

clube 
aventura
da madeira

