

Thames Valley Orienteering Club

Saturday Series event details

- Venue:** **Christmas Common**
(near High Wycombe) **Nearest Post Code: OX49 5HG**
OS Grid Ref: SU709917
- Date:** **Saturday 30th March 2019**
- Parking/ directions:** **Parking is £1 per vehicle** and at The Tree Barn car park field in Greenfield, about a mile south of Christmas Common village. Registration will be in the yard at The Tree Barn, a short walk from the car park. Please be aware of passing traffic.
- Registration:** **10:00 to 11:30** Just turn up
- Starts:** **10:15 to 11:45** Start whenever you want to
- Courses close:** **13:00** Everyone must finish and return, or an emergency search will be started
- Terrain:** Undulating Chiltern mixed woodland
- Pre-entries:** We recommend you pre-enter. This reserves you a map, and avoids you having to fill in a paper entry form. Just go to: tvoc.maptypes.org and fill in your details, then pay when you arrive. Full details on our [website](#). Maps are reserved until 11:15.
- Entry on the day:** **£7 adults/family groups (£5 for TVOC or British Orienteering members); £3 juniors (U21) & students; £2 helpers.** Includes **up to 2 waterproof maps** (further maps £1 each), hire of an electronic timing chip ("Emit") is included, but bring your own if you have one. Pay by **card** or **cash**.
- Free second runs** (please return your first map so we can reuse it)
- This is private land. Dogs are welcome, but **must stay on lead everywhere**, including the woodland
- You'll need:** Please bring a **waterproof**, suitable outdoor shoes, and a **compass** is recommended (also for sale). All competitors must wear full leg protection (ie no shorts).
- Map:** Pre-printed at a scale of 1:10000. 5m contours. Pre-marked on waterproof paper

Course	Length	Navigational difficulty (TD): 1 (easy) to 5 (hard)	Ideal for:
White	1.3 km	Easiest and short - all on paths, positioning of orienteering flags (controls) to guide you in right direction.	Under 10s, families.
Yellow	1.9 km	Slightly less easy and a little longer - all controls on or near paths, more distance between controls with some navigational decisions.	Newcomers, families.
Orange	3.0 km	Longer than Yellow, with some route choices. Medium navigational difficulty. Controls near paths or other line features (paths, walls, streams). Basic use of the compass may help.	Adult newcomers, families, confident juniors.
Lt Green	3.8km	Navigation skills needed to find some of the controls, with more route choices too. For those moving up from Orange.	Improving orienteers and upwards
Green	4.5 km	As tough a navigational challenge as the area allows.	Experienced

Results: You'll get a print out of your result and split times between each control at the finish, when your electronic timing chip is downloaded. Final results will be on [our website](#) later that day.

Officials: **Planner & organiser:** Martin Ricketts

More info: Visit our website at www.tvoc.org.uk.

Say you're going on the Facebook event page via www.facebook.com/tvocclub

Or contact the organiser at publicity@tvoc.org.uk

If you've enjoyed our events, why not join TVOC and get £2 off most O-races until the end of 2017. Plus lots of other benefits! Join online at: www.britishorienteering.org.uk/page/join_online



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[New to orienteering?](#)

An orienteering race doesn't follow a set route. Instead you have to visit a series of checkpoints (called "controls") and register each one with an electronic timing chip. The controls are marked by flags on the ground and may be along paths, earth banks, streams or anywhere in the woods/parkland. The challenge is to race between each one, choosing your own route between the checkpoints, using a very detailed orienteering map of the woods (which you get to keep too). Most newcomers start with a White, Yellow or Orange course. White is good for those with very young children; Yellow is good for newcomers and families, and Orange is ideal for runners or those looking for more of a navigational challenge. Plenty of help will be available and we can help you choose a course on the day and explain what to do.

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