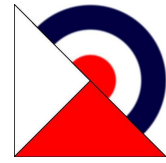




Thames Valley  
Orienteering Club

# RAF Halton Urban Race SEOUL and Level C Event Saturday 20th January 2018



Royal Air Force  
Orienteering RAFO

## FINAL DETAILS (updated 15/01/18)

*In case of inclement weather, please check TVOC website before travelling*

### Summary

- Signed from B4009 / Chestnut Avenue Junction, SE of Aylesbury, NE of Wendover village.
- Nearest postcode **HP22 5PG**
- **Parking** on Grassed Area
- **EMIT** electronic punching
- **Registration** 09:45 - 11:30am.
- **Starts** from 10:00 – 12:00pm. Start 100m from Assembly
- Internal gates secured at 1:45pm. **Courses close at 2:00pm**
- Ultrasport & Tom's Catering present. Please support them
- **Beginners welcome.** Help and advice will be available
- Shorts are **not permitted** on courses 1-5
- **Dogs** welcome in car park only
- **Showers** and **heated changing rooms** available

### Safety

- Obey instructions of any service person that challenges you. All guards have been briefed on the Event and Service Personnel will be manning the Entry and Exit Points.
- Avoid the concrete heating ducts, they are not designed to be pavements. These are visible on the ground, but not marked on your maps.
- Courses visit areas of rough ground (including remnants of trenches), deep animal burrows and high retaining walls – take extra care.
- Only cross the B4009 at the marshalled crossing point and underpass, crossing elsewhere will result in disqualification.
- All maps will be overprinted with an Emergency Number which can be used to contact event staff in cases of emergency.
- Please be courteous to others, both in the military area and the woods and housing estate
- The nearest A&E Department is at Stoke Mandeville, HP21 8AL.

### Medical conditions

Any competitors with a medical condition that might require medical assistance during the event are invited to complete the following medical form (<http://tinyurl.com/BOF-med>), print it off and leave it in a sealed envelope with enquiries. It will be shredded after the event. Blank copies of this form and envelopes will be available at Enquiries.

### Parking

- Parking is off Chestnut Avenue on a grass field, about 400m from assembly
- There is a road crossing between the parking area and assembly, this will not be marshalled, all juniors will need to be escorted
- There is no charge for parking
- For vehicles with a competitor entered in M/W80 or above categories, families with children under 5, or otherwise less able to walk: Please ask a marshal for directions to priority parking closer to registration. This is a military base - please follow the instructions of the parking team and only use this area if instructed to.
- If the weather conditions dictate, the hard standing areas will be utilised

## Public Transport

- The nearest railway station is in Wendover, 3km and a 37 min walk away. (London Marylebone to Aylesbury Parkway via Wendover route)
- Nearest Bus Stop is Halton Main Point. This stop is serviced by:
  - Number 50 Route – Aylesbury – Wendover – Tring – Ivinghoe
  - Number 61 Route – Aylesbury – Tring – Dunstable

## Car Sharing

Parking space at RAF Halton will be tight, so please share cars with club mates if you can.

Say you're going on the Facebook event page



at [www.facebook.com/events/1932761693716768](https://www.facebook.com/events/1932761693716768)"

## Terrain

- All courses take in the landscaped grounds of the spectacular Halton House (built by the Rothschild family), with course 6 also visiting some complex RAF buildings and training areas!
- Courses 1-5 also use some woodland and the complex buildings of the RAF base
- Courses 1-3 visit the foot of the Wendover Woods escarpment and the intricate streets of the Princess Mary Gate Estate
- Junior classes are all away from public roads in parkland.

Courses 1-5    *50% paved; 25% forest; 25% grass*

Course 6        *30% paved; 20% forest; 50% grass*

Courses 7-8    *60% paved; 40% grass*

There are a number of sloping surfaces in the grass and wooded parts. Trail shoes are suitable for all courses. Spikes are not permitted but studs may be used.

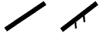




## Road Crossings

- The B4009 is out of bounds. Courses 1 - 5 use a marshalled road crossing point to cross the B4009 from west to east. The crossing is **timed out (2 minutes)**
- Each person crosses at their own discretion, but please accept any marshal guidance.
- Crossing back from east to west is via an underpass only. Please be considerate of other competitors, and especially to other users of the underpass.

## Map

- The map uses ISSOM and was revised and extended in 2017. The table below shows the map size and scale for each course. All courses are pre-printed on the map on waterproof paper.
- There are some unmapped paths in the lawns around Halton House from a recent cycling event
- Features mapped as 'uncrossable' (see list below) are **not to be crossed**, regardless of whether it is physically possible to cross them.

## Uncrossable features

-  Uncrossable wall, fence
-  Forbidden area e.g. garden
-  Hedge, flower bed
-  Out of Bounds area
-  Forbidden to cross, forbidden route (incl. crossing of)

## Control Descriptions

Control Descriptions are printed on the map. Loose control descriptions will be available in start lanes. Courses 7 & 8 use text descriptions, course 6 uses both, all other courses use IOF symbols.

## Entries

- **Pre-entry** is available on Fabian4 (<http://www.fabian4.co.uk>) and will remain open until Thursday 18th Jan 18.
- **Entry on the day** will be available subject to map availability from 9:45am to 11:30am.
- We have a **good supply of spare maps** available (reservable until Thursday)
- **Beginners very welcome.**
- **Fees:**
  - Seniors: £10 plus £1.50 for EMIT card hire.
  - Juniors and Students: £3 including Emit card hire
  - Pairs, Groups, or Seniors running a Junior class (courses 6-8): £6 including Emit card hire
  - **Lost EMIT cards will be charged at £45**

## Registration, EMIT issue and Download

- Registration, EMIT issue and Download will be under the Rugby Stands on McEwan Ride.
- Pre-entered competitors with their own EMIT cards can go directly to the Start.
- All competitors must report to download by course closure time (2:00pm), even if they retire from the course, otherwise a missing person search will be initiated.

## Courses (subject to final controlling)

Course	SEOUL Age Class	Length (straight line), number of controls, and climb	Description of difficulty	Map size and scale
1	Men's Open	7.5km, 80m 32 controls	Technical urban orienteering: route choices, and detailed map-reading	A3 1:5000
2	Women's Open Men's Vet (40+)	6.9km, 80m 29 controls	As above	A3 1:5000
3	Women's Vet (40+) Men's Super-Vet (55+)	5.6km, 70m 25 controls	As above	A3 1:5000
4	Women's Super-Vet (55+) Men's Ultra-Vet (65+)	4.2km, 55m 20 controls	As above	A3 1:5000
5	Women's Ultra-Vet (65+) Women's Hyper-Vet (75+) Men's Hyper-Vet (75+)	3.6km, 45m 19 controls	As above	A3 1:5000
6 (Orange)	M/W16- (under 16 on the day of competition)	3.5km, 50m 14 controls	Route choices, leg lengths varied. As technical as possible in the parkland and the RAF buildings.	A4 1:4000
7 (Yellow)	M/W12-	1.9km, 35m 17 controls	Harder than White. Some route finding decisions, and longer to go between controls	A4 1:4000
8 (White)	Young beginners	1.4km, 20m 18 controls	Easiest course. Uses paths and other line features	A4 1:2500

*Note on difficulty: Urban orienteering by its nature is navigationally simpler than forest events. Please bear this in mind when choosing your course and difficulty for future events.*

### Course Selection

Due to the presence of roads on the senior courses, those under 16 on the day of competition **MUST** run on course 6, 7 or 8, which are entirely contained in parkland.

### White course (course 8)

Because of the nature of the terrain, competitors will need to follow red and white streamers hung from vegetation at one point early on in their course. A cardboard model showing a non-smiley face will be attached to a garden seat to indicate if the wrong route is about to be followed. The competitor then needs to look the other way and follow the streamers. Towards the end of their course competitors need to follow a vegetation boundary rather than a path. The next control will be visible.

## Control Descriptions

Loose descriptions are available for all courses in IOF symbol format, except course 6 which has both text and symbols, and courses 7 & 8 which are text only. The loose descriptions for courses 1 & 2 do not list compulsory crossing points in order to save space, but these are marked on the map and are very much compulsory. Description lengths (between start and finish rows) for course 1 is 200mm and course 2 180mm.

## Accessibility

Course 8 (**white**) is suitable for all-terrain pushchairs. There are two sets of steps, though both can be easily avoided with a short detour. There are also two fairly narrow passages between bushes, but again these can be bypassed too if necessary. Registration and download are inside and not step-free, but we can assist here. Course 8 is 60% paved, 40% short grass.

## Shadowing

An entry does NOT provide an extra map for a shadower. You must not shadow before your own run. Alternatively, declare yourself non-competitive at Registration.

**String Course**            Sorry, no string course.

## Starts

- The start is 100m from Assembly. Follow the road and the signs
- Call up is at -4 mins for an EMIT check
- Blank maps will be available at -3 mins, and control descriptions at -2 mins
- Courses 7 and 8 will have maps available to study before the start
- Punching starts for all courses

First start is at 10:00am, specific start times are not being allocated, but the following start blocks are being used:

10:00 – 10:20 (shown as 10:00 on Fabian 4)  
10:20 – 10:40 (10:20)  
10:40 – 11:00 (10:40)  
11:00 – 11:20 (11:00)  
11:20 – 11:40 (11:20)  
11:40 – 12:00 (11:40)

## Finish

There are two finishes. For **courses 6, 7 & 8 the finish is near to the start**, and competitors are to follow tapes to Download.

All **other courses finish 600m from Assembly** on the other side of Chestnut Avenue nearer to the Hockey Pitch. Participants are asked to take care at the road crossing on return to Download; the road is not unduly busy, and has a 30mph limit.

All courses close at 2:00pm, all runners must have downloaded by this time. All gates on East Camp that have been opened for the event will be secured at 1:30pm, and in West Camp by 1:45pm.

**You must download, even if you retire, to prevent an unnecessary search.**

## Dogs

Dogs are **not permitted** on any of the courses, well controlled dogs are welcome in the carpark areas, but please be responsible owners and remove any 'deposits' left by your dog.

## Facilities

- **Showers** and heated **changing Rooms** are in the Rugby Changing Rooms.
- **First Aid** (provided by RAF Halton Co-Response Team and South Central Ambulance Service (SCAS)) in Assembly.
- **Ultrasport** for orienteering kit and clothes, **Tom's Catering**

## Results

Results will be displayed near Download and will be post on the [TVOC Website](#) shortly after the event.

## Photography

You are welcome to take photographs at our event, though please limit these to the grounds of Halton House only (anywhere on courses 6-8, before the first road crossing on courses 1-5). Headcams (e.g. Go-Pros) are not allowed on any course.

Please also be respectful of other peoples' privacy when taking photographs, and do not take inappropriate or intrusive photos. Please bear in mind British Orienteering's guidelines on the subject. If you have any concerns regarding inappropriate or intrusive photography (in terms of the way, by whom, or where photography is being undertaken), please report them to the event organiser or another official.

Parents, guardians or carers who have a reason to be sensitive about the children they are responsible for should bear in mind that photographs may be taken at the event, and some may be posted onto public websites.

## Acknowledgement

We are grateful to the Station Commander, RAF Halton, for permission to hold this Event and for the support received from Royal Air Force Orienteering (RAFO).

**Organiser:** Dougie Cochran (TVOC)  
[douglascochran@hotmail.com](mailto:douglascochran@hotmail.com)  
07909 725270

**Planner:** Nat Skidmore (TVOC)

**Controller:** Carol Edwards (BL)

## Ash Die Back

Please note British Orienteering advice on Ash Dieback both before and after your run;

- Rinse all boots and shoes in a chlorine-based cleaner or garden fungicide and allow them to dry thoroughly. N.B. please read the manufacturers label and follow their instructions on use and disposal of the product.
- Thoroughly wash and dry all kit and any other clothing that may potentially have been contaminated with fungal spores.
- Clothing and footwear should not be reused for at least 48 hours after drying.

**Courses close at 2:00pm. You must report to download even if you do not complete your course**

**Please check website for last minute cancellation in case of inclement weather.**

**In the event of cancellation, some or all of your entry fee may be retained.**

**Orienteering is an adventure sport: competitors take part at their own risk and are responsible for their own safety.**

The personal data you give will be used by the event organisers and their agents only for the purpose of processing and publishing the event entries and results, for conducting safety checks and to validate British Orienteering insurance cover. Submission of an entry for the event will indicate your acceptance of this procedure.